



La check-list: un premier pas vers une harmonisation de la transition

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L'approche actuelle à la transition tombe souvent dans une de trois catégories suivantes:

- Un transfert abrupt aux services pour adultes
- Rester en pédiatrie plus longtemps de ce qui est approprié
- Se perdre dans la nature, soit volontairement ou par défaut

Royal College of Nursing, 2013



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Original article

Building a transitional care checklist in rheumatology: A Delphi-like survey

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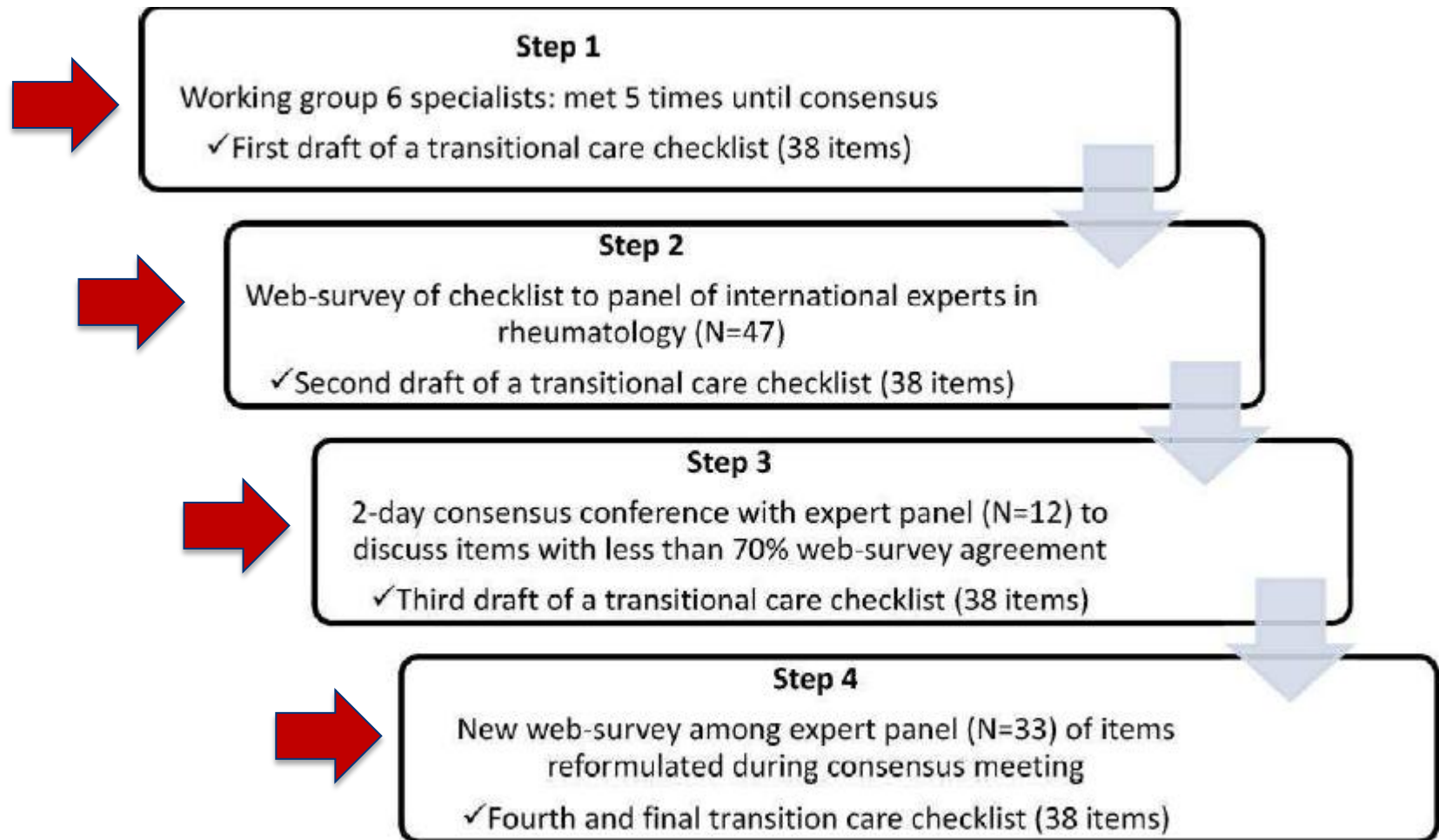


Fig. 1. The 4 steps of the Delphi-like study.

Building a transitional care checklist in rheumatology: A Delphi-like survey

AGE*	ITEMS
12-14	1. The physician starts to see the patient without his parents
	1.1 Patient and parents are given reasoned explanations for the adolescent to be seen alone for at least part of the consultation.
	1.2 Patient is seen without parents during part of the consultation, mainly to discuss the HEEADSSS questionnaire and feelings regarding the disease, treatment and pain
	1.3 Physician discusses with parents their new role as transition plan advances
	2. Define the expectations (educational/professional) of patient and parents
	2.1 Define the educational expectations of the patient
2.2 Define the professional expectations of the patient	

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AGE*	ITEMS
16-18	15. Identification of adult care representative
	15.1 Pediatric provider identifies an adult provider according to the preferences/characteristics of the patient (and family)
	16. Set-up the transfer protocol
	16.1 A transfer protocol between pediatric and adult providers is set up (or adapted to the needs if protocol already exists)
	17. First contact with the adult team
	17.1 A first contact (could be by phone and could not be needed if a common consultation is possible) is made with the adult team
	17.2 If possible, at least one common pediatric/adult consultation is done

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AGE*	ITEMS
20-24	22. Help the patient acquire more autonomy
	22.1 Discussion with patient about needs to become more autonomous in her/his daily needs
	22.2 Establish means to increase patient's autonomy according to needs
	23. Regular follow-up in adult care (2 chekup consultations or more scheduled)
	23.1 Making sure that a regular checkup consultation schedule is set up
	23.2 Making sure that consultations are not missed (especially if not re-scheduled)
	24. Discussion about health insurance
	24.1 Discussing health insurance options (if needed)

La Check-list: elle sert à quoi?

- À avoir un cadre de référence
- À bien partir et mieux arriver
- À préparer les parents
- À aller au-delà du purement médical

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AGE*	ITEMS
12-14	Define the expectations (educational/professional) of patient and parents
	Define the educational expectations of the patient
14-16	Discussion about the effects of the condition on sexuality/fertility/pregnancy and effect of treatment(s) on fertility
	Discussion with patient, but without parents, on the personal aspects/behaviors of the information regarding sexuality, fertility, and pregnancy. Ideally in a second consultation
	Discussion on the effect of legal substances on the disease and treatment
	Discussion on the effect of smoking on the disease and its treatment
	Discussion on the effect of alcohol use and misuse on the disease and its treatment

La Check-list: elle sert à quoi?

- À avoir un cadre de référence
- À bien partir et mieux arriver
- À préparer les parents
- À aller au-delà du purement médical
- À permettre une prise en charge homogénéisée
- À s'harmoniser avec d'autres spécialités

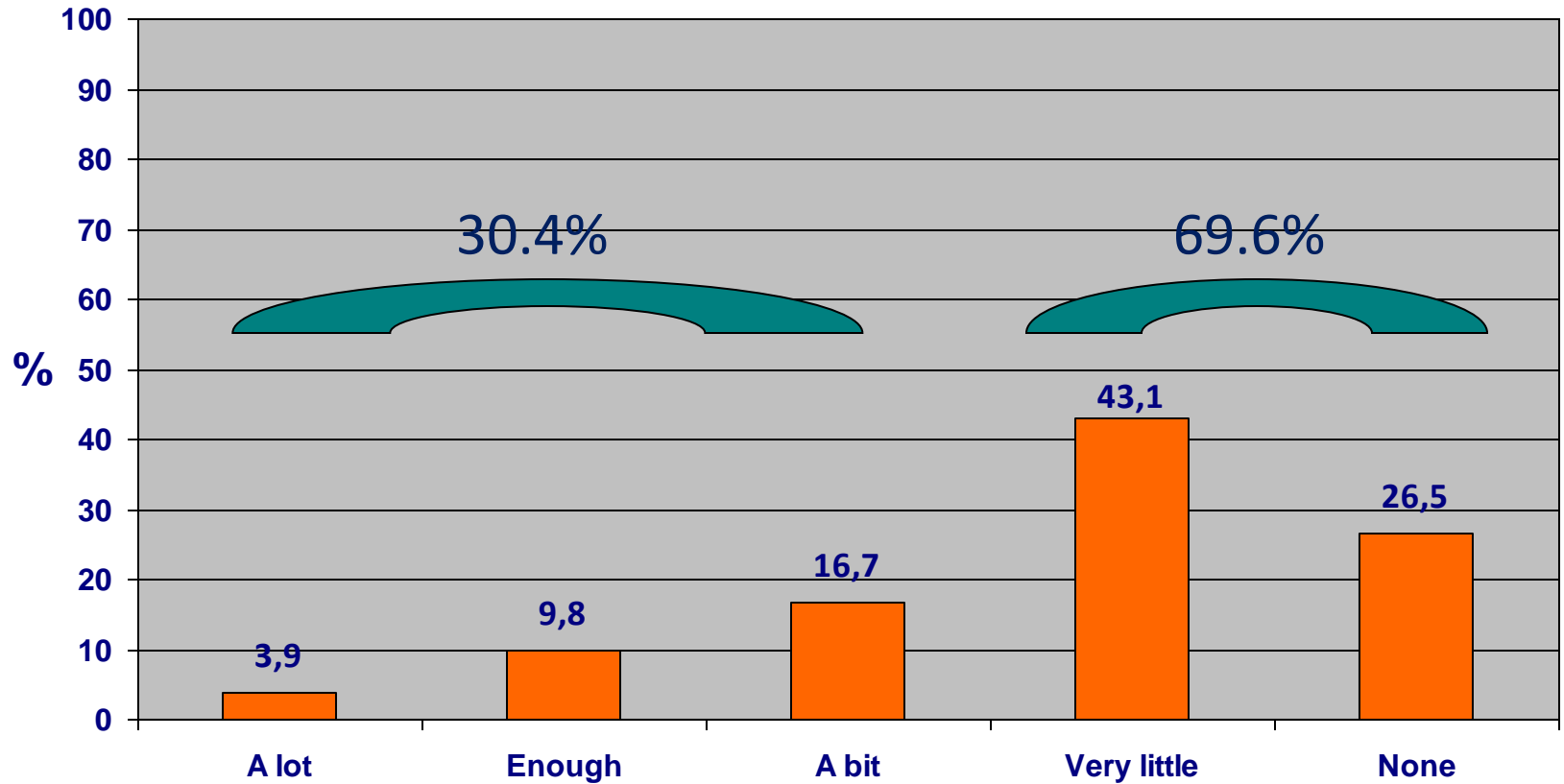
La Check-list est faite: c'est bon donc?

NON!

La Check-list est faite: c'est bon donc?

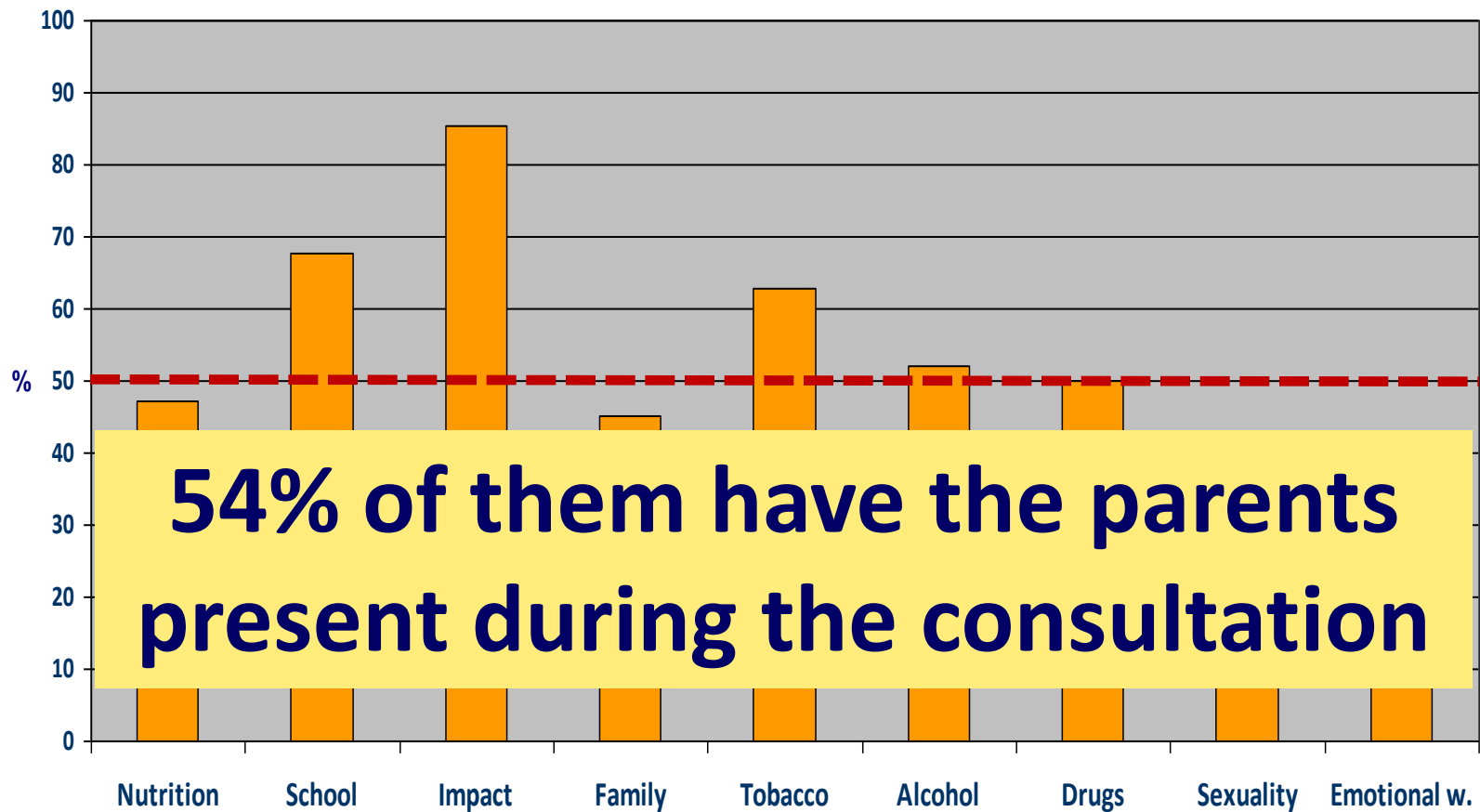
- Il faut encore des professionnels formés

Adult specialists' experience



Suris et al., J Adolesc Health, 2009

Issues discussed by adult specialists, Switzerland 2007



Suris et al., *J Adolesc Health*, 2009

La Check-list est faite: c'est bon donc?

- Il faut encore des professionnels formés
- Il faut encore déterminer le niveau
- Il faut encore définir qui fait quoi

La Check-list est faite: c'est bon donc?

- Il faut encore des professionnels formés
- Il faut encore déterminer le niveau
- Il faut encore définir qui fait quoi
- Il faut mettre en place des moyens....

Take-home messages



La checklist n'est qu'un point de départ, elle sert à fixer le cadre

Mais une checklist sans plus, ne sert pas à grand-chose...

L'objectif [final?] devrait être l'harmonisation des soins